# GOOD SHEPHERD? ? ? August 2021

| MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY   |
|---|--|--|---|--|
| 2   | 3  | 4  | 5   | 6  |
| 9   | 10   | 11   | 12  | 13   |
| 16  | 17   | 18   | 19  | 20   |
| 23  | 24   | Start Date for Kinder-7th 25 Hot #1 Taco Rice Bowl Hot #2 Roasted Turkey with Gravy, Mashed Potatoes, Celery & Carrot Sticks w/ Ranch, Baguette, Chocolate Cake Cold #1 Tuna on Croissant Cold #2 Tossed BLT Salad | Hot #1 Fusilli with Meatballs Hot #2 Sticky Thai Meatballs Broccoli, Rice, Baguette, Applesauce Cold #1 Grilled Chicken Fajita Salad Cold #2 Turkey or Ham Sandwich | Hot #1 Turkey Tetrazzini Hot #2 Three-Cheese Pepperoni Pizza, Peas & Carrots, Caesar Salad, Peach Cobbler Cold #1 Chicken Salad Sandwich on Croissant Cold #2 Chicken Caesar Salad |
| Pre-k Start 30 Hot #1 Chili Macaroni Hot #2 Lemon Rosemary Seared Chicken, Rice, Green Beans & Diced Carrots, Baguette Graham Crackers Cold #1 Asian Chicken Salad Wrap Cold #2 California Tossed Green Salad | 31 Hot #1 Shells and Cheese, Hot #2 Meatloaf, Cauliflower Gratin, Spinach Salad, Baguette Yogurt Cold #1 Cajun Salad with Grilled Chicken Cold #2 Turkey or Ham Sandwich |  |   |  |



#### September 2021





#### October 2021

| MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY   |
|--|---|--|---|--|
|  |   |  |   | Hot #1 Beef Nachos Hot #2 Cajun Chicken Wide Noodle Pasta Tossed Green Salad, Baguette Ice Cream Cold #1 Italian Wrap Cold #2 Cobb Salad   |
| Hot #1 Fusilli with Meatballs Hot #2 Chicken Quesadilla Corn, Southwestern Slaw with Ranch, Baguette,Apple Sauce Cold #1 Lamb Gyro Cold #2 California Tossed Green Salad                       | Hot #1 Taco Rice Bowl Hot #2 Chicken Scallopini Rice, Tossed Salad, Baguette Fresh Fruit Cold #1 Chicken Cobb Salad Cold #2 Turkey or Ham Sandwich  | Hot #1 Beef Hot Dogs,<br>Hot #2 Three-Cheese Pizza<br>Carrot and Celery Sticks with<br>Ranch, Tossed Salad,<br>Graham Crackers<br>Cold #1 Tuna on Croissant<br>Cold #2 Tossed BLT Salad                  | Hot #1 Spaghetti with Meat Sauce Hot #2 Chicken Volterra Peas and Carrots, Tossed Salad w/ Italian Dressing, Baguette, Nilla Wafers Cold #1 Grilled Chicken Fajita Salad Cold #2 Turkey or Ham Sandwich | Hot #1 Fish Sticks, Tossed Green Salad Hot #2 Beef Tacos (soft tacos for little's) with Lettuce, Tomato, Spanish Rice, Beans, Apple Crisp Cold #1 Chicken Salad Sandwich on Croissant Cold #2 Chicken Caesar salad |
| Fall Break   | Hot #1 Corn Dogs Hot #2 Grilled Cheese with Tomato Basil Soup, Tossed Salad, Corn, Baguette, Fresh Fruit Cold #1 Cajun Salad with Grilled Chicken Cold #2 Turkey or Ham Sandwich            | Hot #1 Chicken and Waffles Hot #2 Chicken Provencal Roasted Potatoes, Green Beans, Baguette, Apple Sauce Cold #1 Turkey & Bacon Club Cold #2 Tossed Southwestern Salad                                   | Hot #1 Green Chili Chicken Enchiladas Hot #2 Beef Quesadillas Tossed Salad with Cilantro Dressing, Rice, Pound Cake with Fresh Strawberries Cold #1 Chicken Caesar Salad Cold #2 Turkey or Ham Sandwich | Hot #1 Spaghetti with Marinara Sauce, Caesar Salad Hot #2 Broiled Hamburgers with Lettuce, Tomato, Tator Tots, Ice Cream Cold #1 Asian Chicken Salad Wrap Cold #2 Cobb Salad                                       |
| Hot #1 Beef Hot Dogs Hot #2 Chicken and Beef Sausage Jambalaya Green beans, Tossed Salad, Baguette, Nilla Wafers Cold #1 Lamb Gyro Cold #2 California Tossed Green Salad                       | Hot #1 Chicken, Bowtie Pasta with<br>Basil Cream Sauce<br>Hot #2 Fish Sticks<br>Corn, Tossed Salad, Baguette<br>Fresh Fruit<br>Cold #1 Chicken Cobb Salad<br>Cold #2 Turkey or Ham Sandwich | Hot #1 Taco Rice Bowl Hot #2 Roasted Turkey with Gravy, Mashed Potatoes, Celery & Carrot Sticks w/ Ranch, Baguette, Chocolate Cake Cold #1 Tuna on Croissant Cold #2 Tossed BLT Salad                    | Hot #1 Fusilli with Meatballs Hot #2 Sticky Thai Meatballs Broccoli, Rice, Baguette, Applesauce Cold #1 Grilled Chicken Fajita Salad Cold #2 Turkey or Ham Sandwich                                     | Hot #1 Turkey Tetrazzini Hot #2 Three-Cheese Pepperoni Pizza Peas & Carrots, Caesar Salad, Peach Cobbler Cold #1 Chicken Salad Sandwich on Croissant Cold #2 Chicken Caesar Salad                                  |
| Hot #1 Chili Macaroni Hot #2 Lemon Rosemary Seared Chicken Rice, Green Beans & Diced Carrots, Baguette, Graham Crackers Cold #1 Asian Chicken Salad Wrap Cold #2 California Tossed Green Salad | Hot #1 Shells and Cheese, Hot #2 Meatloaf Cauliflower Gratin, Spinach Salad, Baguette, Yogurt Cold #1 Cajun Salad with Grilled Chicken Cold #2 Turkey or Ham Sandwich                       | 27 Hot #1 Pancakes, Roasted Potatoes and Sausage Hot #2 Asian Mandarin Chicken Rice, Tossed Salad w/ Parmesan Ranch, Baguette, Fresh Fruit Cold #1 Turkey & Bacon Club Cold #2 Tossed Southwestern Salad | Hot #1 Loaded Baked Potato Hot #2 Gemelli Pasta with Bolognese Sauce, Corn, Broccoli, Baguette, Nilla Wafers Cold #1 Chicken Caesar Salad Cold #2 Turkey or Ham Sandwich                                | Hot #1 Beef Nachos Hot #2 Cajun Chicken Wide Noodle Pasta, Tossed Green Salad, Baguette Ice Cream Cold #1 Italian Wrap Cold #2 Cobb Salad  |

#### November 2021

|   | I  |   | ı   |  |
|---|--|---|---|--|
| MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY   |
| Hot #1 Fusilli with Meatballs Hot #2 Chicken Quesadilla Corn, Southwestern Slaw with Ranch, Baguette, Apple Sauce Cold #1 Lamb Gyro Cold #2 California Tossed Green Salad | Hot #1 Taco Rice Bowl Hot #2 Chicken Scallopini Rice, Tossed Salad, Baguette Fresh Fruit Cold #1 Chicken Cobb Salad Cold #2 Turkey or Ham Sandwich                               | Hot #1 Beef Hot Dogs, Hot #2 Three-Cheese Pizza Carrot and Celery Sticks with Ranch, Tossed Salad, Graham Crackers Cold #1 Tuna on Croissant Cold #2 Tossed BLT Salad                 | Hot #1 Spaghetti with Meat Sauce Hot #2 Chicken Volterra Peas and Carrots, Tossed Salad w/ Italian Dressing, Baguette, Nilla Wafers Cold #1 Grilled Chicken Fajita Salad Cold #2 Turkey or Ham Sandwich   | Hot #1 Fish Sticks, Tossed Green Salad Hot #2 Beef Tacos (soft tacos for little's) with Lettuce, Tomato, Spanish Rice, Beans, Apple Crisp Cold #1 Chicken Salad Sandwich on Croissant Cold #2 Chicken Caesar salad |
| Hot #1 Shells and Cheese, Hot #2 BBQ Chicken Broccoli Rice Casserole, Tossed Green Salad, Baguette, Yogurt Cold #1 Lamb Gyro Cold #2 California Tossed Green Salad        | Hot #1 Corn Dogs Hot #2 Grilled Cheese with Tomato Basil Soup, Tossed Salad, Corn, Baguette, Fresh Fruit Cold #1 Cajun Salad with Grilled Chicken Cold #2 Turkey or Ham Sandwich | Hot #1 Chicken and Waffles Hot #2 Chicken Provencal Roasted Potatoes, Green Beans, Baguette, Apple Sauce Cold #1 Turkey & Bacon Club Cold #2 Tossed Southwestern Salad                | 9 Hot #1 Green Chili Chicken Enchiladas Hot #2 Beef Quesadillas Tossed Salad with Cilantro Dressing, Rice, Pound Cake with Fresh Strawberries Cold #1 Chicken Caesar Salad Cold #2 Turkey or Ham Sandwich | Hot #1 Spaghetti with Marinara Sauce, Caesar Salad Hot #2 Broiled Hamburgers with Lettuce, Tomato, Tator Tots, Ice Cream Cold #1 Asian Chicken Salad Wrap Cold #2 Cobb Salad                                       |
| Hot #1 Beef Hot Dogs Hot #2 Chicken and Beef Sausage Jambalaya- Green beans, Tossed Salad, Baguette, Nilla Wafers Cold #1 Lamb Gyro Cold #2 California Tossed Green Salad | Hot #1 Chicken, Bowtie Pasta with Basil Cream Sauce Hot #2 Fish Sticks- Corn, Tossed Salad, Baguette Fresh Fruit Cold #1 Chicken Cobb Salad Cold #2 Turkey or Ham Sandwich       | Hot #1 Taco Rice Bowl Hot #2 Roasted Turkey with Gravy, Mashed Potatoes, Celery & Carrot Sticks w/ Ranch, Baguette, Chocolate Cake Cold #1 Tuna on Croissant Cold #2 Tossed BLT Salad | Hot #1 Fusilli with Meatballs Hot #2 Sticky Thai Meatballs Broccoli, Rice, Baguette, Applesauce Cold #1 Grilled Chicken Fajita Salad Cold #2 Turkey or Ham Sandwich                                       | Hot #1 Turkey Tetrazzini Hot #2 Three-Cheese Pepperoni Pizza- Peas & Carrots, Caesar Salad, Peach Cobbler Cold #1 Chicken Salad Sandwich on Croissant Cold #2 Chicken Caesar Salad                                 |
| 22<br>Thanksgiving Break  | 23 Thanksgiving Break  | 24 Thanksgiving Break   | 25 Thanksgiving Break   | 26 Thanksgiving Break  |
| Hot #1 Fusilli with Meatballs Hot #2 Chicken Quesadilla Corn, Southwestern Slaw with Ranch, Baguette, Apple Sauce Cold #1 Lamb Gyro Cold #2 California Tossed Green Salad | Hot #1 Taco Rice Bowl Hot #2 Chicken Scallopini Rice, Tossed Salad, Baguette, Fresh Fruit Cold #1 Chicken Cobb Salad Cold #2 Turkey or Ham                                       |   |   |  |

#### December 2021

| MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY  |
|---|--|---|---|---|
|   |  | Hot #1 Beef Hot Dogs,<br>Hot #2 Three-Cheese Pizza<br>Carrot and Celery Sticks with<br>Ranch, Tossed Salad,<br>Graham Crackers<br>Cold #1 Tuna on Croissant<br>Cold #2 Tossed BLT Salad | Hot #1 Spaghetti with Meat Sauce Hot #2 Chicken Volterra Peas and Carrots, Tossed Salad w/ Italian Dressing, Baguette, Nilla Wafers Cold #1 Grilled Chicken Fajita Salad Cold #2 Turkey or Ham Sandwich   | Hot #1 Fish Sticks, Tossed Green Salad Hot #2 Beef Tacos (soft tacos for kids) with Lettuce, Tomato, Spanish Rice, Beans Apple Crisp Cold #1 Chicken Salad Sandwich on Croissant Cold #2 Chicken Caesar salad |
| Hot #1 Shells and Cheese, Hot #2 BBQ Chicken Broccoli Rice Casserole, Tossed Green Salad, Baguette, Yogurt Cold #1 Lamb Gyro Cold #2 California Tossed Green Salad        | 7 Hot #1 Corn Dogs Hot #2 Grilled Cheese with Tomato Basil Soup, Tossed Salad, Corn, Baguette, Fresh Fruit Cold #1 Cajun Salad with Grilled Chicken Cold #2 Turkey or Ham Sandwich         | Hot #1 Chicken and Waffles Hot #2 Chicken Provencal Roasted Potatoes, Green Beans, Baguette, Apple Sauce Cold #1 Turkey & Bacon Club Cold #2 Tossed Southwestern Salad                  | 9 Hot #1 Green Chili Chicken Enchiladas Hot #2 Beef Quesadillas Tossed Salad with Cilantro Dressing, Rice, Pound Cake with Fresh Strawberries Cold #1 Chicken Caesar Salad Cold #2 Turkey or Ham Sandwich | Hot #1 Spaghetti with Marinara Sauce, Caesar Salad Hot #2 Broiled Hamburgers with Lettuce, Tomato, Tator Tots, Ice Cream Cold #1 Asian Chicken Salad Wrap Cold #2 Cobb Salad                                  |
| Hot #1 Beef Hot Dogs Hot #2 Chicken and Beef Sausage Jambalaya -Green beans, Tossed Salad, Baguette, Nilla Wafers Cold #1 Lamb Gyro Cold #2 California Tossed Green Salad | Hot #1 Chicken, Bowtie Pasta with<br>Basil Cream Sauce<br>Hot #2 Fish Sticks- Corn, Tossed<br>Salad, Baguette, Fresh Fruit<br>Cold #1 Chicken Cobb Salad<br>Cold #2 Turkey or Ham Sandwich | Hot #1 Taco Rice Bowl Hot #2 Roasted Turkey with Gravy, Mashed Potatoes, Celery & Carrot Sticks w/ Ranch, Baguette, Chocolate Cake Cold #1 Tuna on Croissant Cold #2 Tossed BLT Salad   | Hot #1 Fusilli with Meatballs Hot #2 Sticky Thai Meatballs Broccoli, Rice, Baguette, Applesauce Cold #1 Grilled Chicken Fajita Salad Cold #2 Turkey or Ham Sandwich                                       | Hot #1 Turkey Tetrazzini Hot #2 Three-Cheese Pepperoni Pizza- Peas & Carrots, Caesar Salad, Peach Cobbler Cold #1 Chicken Salad Sandwich on Croissant Cold #2 Chicken Caesar Salad                            |
| Winter Break  | Winter Break   | 22<br>Winter Break  | Winter Break  | Winter Break  |
| 27<br>Winter Break  | 28<br>Winter Break   | Winter Break  | 30<br>Winter Break  | 31 Winter Break   |

### January 2022

| MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY  |
|---|---|--|---|---|
| Winter Break  | Lunch Service Resumes 4 Hot #1 Corn Dogs Hot #2 Grilled Cheese with Tomato Basil Soup, Tossed Salad, Corn, Baguette Fresh Fruit Cold #1 Cajun Salad with Grilled Chicken Cold #2 Turkey or Ham Sandwich | Hot #1 Chicken and Waffles Hot #2 Chicken Provencal Roasted Potatoes, Green Beans, Baguette, Apple Sauce Cold #1 Turkey & Bacon Club Cold #2 Tossed Southwestern Salad                               | Hot #1 Green Chili Chicken Enchiladas Hot #2 Beef Quesadillas Tossed Salad with Cilantro Dressing, Rice, Pound Cake with Fresh Strawberries Cold #1 Chicken Caesar Salad Cold #2 Turkey or Ham Sandwich | Hot #1 Spaghetti with Marinara Sauce, Caesar Salad Hot #2 Broiled Hamburgers with Lettuce, Tomato, Tator Tots, Ice Cream Cold #1 Asian Chicken Salad Wrap Cold #2 Cobb Salad                                  |
| Hot #1 Beef Hot Dogs Hot #2 Chicken and Beef Sausage Jambalaya Green beans, Tossed Salad, Baguette, Nilla Wafers Cold #1 Lamb Gyro Cold #2 California Tossed Green Salad  | Hot #1 Chicken, Bowtie Pasta with Basil Cream Sauce Hot #2 Fish Sticks Corn, Tossed Salad, Baguette Fresh Fruit Cold #1 Chicken Cobb Salad Cold #2 Turkey or Ham Sandwich                               | Hot #1 Taco Rice Bowl Hot #2 Roasted Turkey with Gravy, Mashed Potatoes, Celery & Carrot Sticks w/ Ranch, Baguette, Chocolate Cake Cold #1 Tuna on Croissant Cold #2 Tossed BLT Salad                | Hot #1 Fusilli with Meatballs Hot #2 Sticky Thai Meatballs Broccoli, Rice, Baguette, Applesauce Cold #1 Grilled Chicken Fajita Salad Cold #2 Turkey or Ham Sandwich                                     | Hot #1 Turkey Tetrazzini Hot #2 Three-Cheese Pepperoni Pizza Peas & Carrots, Caesar Salad, Peach Cobbler Cold #1 Chicken Salad Sandwich on Croissant Cold #2 Chicken Caesar Salad                             |
| MLK Day-No School   | Hot #1 Shells and Cheese,<br>Hot #2 Meatloaf<br>Cauliflower Gratin, Spinach Salad,<br>Baguette, Yogurt<br>Cold #1 Cajun Salad with Grilled<br>Chicken<br>Cold #2 Turkey or Ham Sandwich                 | Hot #1 Pancakes, Roasted Potatoes and Sausage Hot #2 Asian Mandarin Chicken Rice, Tossed Salad w/ Parmesan Ranch, Baguette Fresh Fruit Cold #1 Turkey & Bacon Club Cold #2 Tossed Southwestern Salad | Hot #1 Loaded Baked Potato Hot #2 Gemelli Pasta with Bolognese Sauce, Corn, Broccoli, Baguette Nilla Wafers Cold #1 Chicken Caesar Salad Cold #2 Turkey or Ham Sandwich                                 | Hot #1 Beef Nachos Hot #2 Cajun Chicken Wide Noodle Pasta Tossed Green Salad, Baguette Ice Cream Cold #1 Italian Wrap Cold #2 Cobb Salad  |
| Hot #1 Fusilli with Meatballs Hot #2 Chicken Quesadilla Corn, Southwestern Slaw with Ranch, Baguette, Apple Sauce Cold #1 Lamb Gyro Cold #2 California Tossed Green Salad | Hot #1 Taco Rice Bowl Hot #2 Chicken Scallopini Rice, Tossed Salad, Baguette Fresh Fruit Cold #1 Chicken Cobb Salad Cold #2 Turkey or Ham Sandwich  | Hot #1 Beef Hot Dogs, Hot #2 Three-Cheese Pizza Carrot and Celery Sticks with Ranch, Tossed Salad, Graham Crackers Cold #1 Tuna on Croissant Cold #2 Tossed BLT Salad                                | Hot #1 Spaghetti with Meat Sauce Hot #2 Chicken Volterra Peas and Carrots, Tossed Salad w/ Italian Dressing, Baguette, Nilla Wafers Cold #1 Grilled Chicken Fajita Salad Cold #2 Turkey or Ham Sandwich | Hot #1 Fish Sticks, Tossed Green Salad Hot #2 Beef Tacos (soft tacos for kids) with Lettuce, Tomato, Spanish Rice, Beans Apple Crisp Cold #1 Chicken Salad Sandwich on Croissant Cold #2 Chicken Caesar salad |
| Hot #1 Shells and Cheese, Hot #2 BBQ Chicken Broccoli Rice Casserole, Tossed Green Salad, Baguette, Yogurt Cold #1 Lamb Gyro Cold #2 California Tossed Green Salad        |   |  |   |   |

# GOOD SHEPHERD 7 7 7 February 2022

| MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY   |
|--|---|---|---|--|
|  | Hot #1 Corn Dogs Hot #2 Grilled Cheese with Tomato Basil Soup, Tossed Salad, Corn, Baguette Fresh Fruit Cold #1 Cajun Salad with Grilled Chicken Cold #2 Turkey or Ham Sandwich | Hot #1 Chicken and Waffles Hot #2 Chicken Provencal Roasted Potatoes, Green Beans, Baguette, Apple Sauce Cold #1 Turkey & Bacon Club Cold #2 Tossed Southwestern Salad                                | Hot #1 Green Chili Chicken Enchiladas Hot #2 Beef Quesadillas Tossed Salad with Cilantro Dressing, Rice, Pound Cake with Fresh Strawberries Cold #1 Chicken Caesar Salad Cold #2 Turkey or Ham Sandwich | Hot #1 Spaghetti with Marinara Sauce, Caesar Salad Hot #2 Broiled Hamburgers with Lettuce, Tomato, Tator Tots, Ice Cream Cold #1 Asian Chicken Salad Wrap Cold #2 Cobb Salad                                       |
| 7 Hot #1 Beef Hot Dogs Hot #2 Chicken and Beef Sausage Jambalaya-Green beans, Tossed Salad, Baguette, Nilla Wafers Cold #1 Lamb Gyro Cold #2 California Tossed Green Salad                     | Hot #1 Chicken, Bowtie Pasta with Basil Cream Sauce Hot #2 Fish Sticks Corn, Tossed Salad, Baguette Fresh Fruit Cold #1 Chicken Cobb Salad Cold #2 Turkey or Ham Sandwich       | 9 Hot #1 Taco Rice Bowl Hot #2 Roasted Turkey with Gravy, Mashed Potatoes, Celery & Carrot Sticks w/ Ranch, Baguette, Chocolate Cake Cold #1 Tuna on Croissant Cold #2 Tossed BLT Salad               | Hot #1 Fusilli with Meatballs Hot #2 Sticky Thai Meatballs Broccoli, Rice, Baguette, Applesauce Cold #1 Grilled Chicken Fajita Salad Cold #2 Turkey or Ham Sandwich                                     | Hot #1 Turkey Tetrazzini Hot #2 Three-Cheese Pepperoni Pizza Peas & Carrots, Caesar Salad, Peach Cobbler Cold #1 Chicken Salad Sandwich on Croissant Cold #2 Chicken Caesar Salad                                  |
| Hot #1 Chili Macaroni Hot #2 Lemon Rosemary Seared Chicken Rice, Green Beans & Diced Carrots, Baguette, Graham Crackers Cold #1 Asian Chicken Salad Wrap Cold #2 California Tossed Green Salad | Hot #1 Shells and Cheese, Hot #2 Meatloaf Cauliflower Gratin, Spinach Salad, Baguette, Yogurt Cold #1 Cajun Salad with Grilled Chicken Cold #2 Turkey or Ham Sandwich           | Hot #1 Pancakes, Roasted Potatoes and Sausage Hot #2 Asian Mandarin Chicken Rice, Tossed Salad w/ Parmesan Ranch, Baguette, Fresh Fruit Cold #1 Turkey & Bacon Club Cold #2 Tossed Southwestern Salad | Hot #1 Loaded Baked Potato Hot #2 Gemelli Pasta with Bolognese Sauce, Corn, Broccoli, Baguette, Nilla Wafers Cold #1 Chicken Caesar Salad Cold #2 Turkey or Ham Sandwich                                | 18 Winter Break-No School  |
| Winter Break-No School   | Hot #1 Taco Rice Bowl Hot #2 Chicken Scallopini Rice, Tossed Salad, Baguette Fresh Fruit Cold #1 Chicken Cobb Salad Cold #2 Turkey or Ham Sandwich                              | Hot #1 Beef Hot Dogs, Hot #2 Three-Cheese Pizza Carrot and Celery Sticks with Ranch, Tossed Salad, Graham Crackers Cold #1 Tuna on Croissant Cold #2 Tossed BLT Salad                                 | Hot #1 Spaghetti with Meat Sauce Hot #2 Chicken Volterra Peas and Carrots, Tossed Salad w/ Italian Dressing, Baguette, Nilla Wafers Cold #1 Grilled Chicken Fajita Salad Cold #2 Turkey or Ham Sandwich | Hot #1 Fish Sticks, Tossed Green Salad Hot #2 Beef Tacos (soft tacos for little's) with Lettuce, Tomato, Spanish Rice, Beans, Apple Crisp Cold #1 Chicken Salad Sandwich on Croissant Cold #2 Chicken Caesar salad |
| Hot #1 Shells and Cheese, Hot #2 BBQ Chicken Broccoli Rice Casserole, Tossed Green Salad, Baguette, Yogurt Cold #1 Lamb Gyro Cold #2 California Tossed Green Salad                             |   |   |   |  |

#### GOOD SHEPHERD? ? ?

### March 2022

| MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY   |
|--|--|---|---|--|
|  | Hot #1 Corn Dogs Hot #2 Grilled Cheese with Tomato Basil Soup, Tossed Salad, Corn, Baguette, Fresh Fruit Cold #1 Cajun Salad with Grilled Chicken Cold #2 Turkey or Ham Sandwich | Hot #1 Chicken and Waffles Hot #2 Chicken Provencal Roasted Potatoes, Green Beans, Baguette, Apple Sauce Cold #1 Turkey & Bacon Club Cold #2 Tossed Southwestern Salad                  | Hot #1 Green Chili Chicken Enchiladas Hot #2 Beef Quesadillas Tossed Salad with Cilantro Dressing, Rice, Pound Cake with Fresh Strawberries Cold #1 Chicken Caesar Salad Cold #2 Turkey or Ham Sandwich | Hot #1 Spaghetti with Marinara Sauce, Caesar Salad Hot #2 Broiled Hamburgers with Lettuce, Tomato, Tator Tots, Ice Cream Cold #1 Asian Chicken Salad Wrap Cold #2 Cobb Salad                                       |
| 7 Hot #1 Beef Hot Dogs Hot #2 Chicken and Beef Sausage Jambalaya-Green beans, Tossed Salad, Baguette, Nilla Wafers Cold #1 Lamb Gyro Cold #2 California Tossed Green Salad | Hot #1 Chicken, Bowtie Pasta with Basil Cream Sauce Hot #2 Fish Sticks Corn, Tossed Salad, Baguette Fresh Fruit Cold #1 Chicken Cobb Salad Cold #2 Turkey or Ham Sandwich        | 9 Hot #1 Taco Rice Bowl Hot #2 Roasted Turkey with Gravy, Mashed Potatoes, Celery & Carrot Sticks w/ Ranch, Baguette, Chocolate Cake Cold #1 Tuna on Croissant Cold #2 Tossed BLT Salad | Hot #1 Fusilli with Meatballs Hot #2 Sticky Thai Meatballs Broccoli, Rice, Baguette, Applesauce Cold #1 Grilled Chicken Fajita Salad Cold #2 Turkey or Ham Sandwich                                     | Hot #1 Turkey Tetrazzini Hot #2 Three-Cheese Pepperoni Pizza Peas & Carrots, Caesar Salad, Peach Cobbler Cold #1 Chicken Salad Sandwich on Croissant Cold #2 Chicken Caesar Salad                                  |
| 14   | 15   | 16  | 17  | 18   |
| Spring Break   | Spring Break   | Spring Break  | Spring Break  | Spring Break   |
| Hot #1 Fusilli with Meatballs Hot #2 Chicken Quesadilla Corn, Southwestern Slaw with Ranch, Baguette, Apple Sauce Cold #1 Lamb Gyro Cold #2 California Tossed Green Salad  | Hot #1 Taco Rice Bowl Hot #2 Chicken Scallopini Rice, Tossed Salad, Baguette Fresh Fruit Cold #1 Chicken Cobb Salad Cold #2 Turkey or Ham Sandwich                               | Hot #1 Beef Hot Dogs, Hot #2 Three-Cheese Pizza Carrot and Celery Sticks with Ranch, Tossed Salad, Graham Crackers Cold #1 Tuna on Croissant Cold #2 Tossed BLT Salad                   | Hot #1 Spaghetti with Meat Sauce Hot #2 Chicken Volterra Peas and Carrots, Tossed Salad w/ Italian Dressing, Baguette, Nilla Wafers Cold #1 Grilled Chicken Fajita Salad Cold #2 Turkey or Ham Sandwich | Hot #1 Fish Sticks, Tossed Green Salad Hot #2 Beef Tacos (soft tacos for little's) with Lettuce, Tomato, Spanish Rice, Beans, Apple Crisp Cold #1 Chicken Salad Sandwich on Croissant Cold #2 Chicken Caesar salad |
| Hot #1 Shells and Cheese, Hot #2 BBQ Chicken Broccoli Rice Casserole, Tossed Green Salad, Baguette, Yogurt Cold #1 Lamb Gyro Cold #2 California Tossed Green Salad         | Hot #1 Corn Dogs Hot #2 Grilled Cheese with Tomato Basil Soup, Tossed Salad, Corn, Baguette, Fresh Fruit Cold #1 Cajun Salad with Grilled Chicken Cold #2 Turkey or Ham Sandwich | Hot #1 Chicken and Waffles Hot #2 Chicken Provencal Roasted Potatoes, Green Beans, Baguette, Apple Sauce Cold #1 Turkey & Bacon Club Cold #2 Tossed Southwestern Salad                  | Hot #1 Green Chili Chicken Enchiladas Hot #2 Beef Quesadillas Tossed Salad with Cilantro Dressing, Rice, Pound Cake with Fresh Strawberries Cold #1 Chicken Caesar Salad Cold #2 Turkey or Ham Sandwich |  |

## GOOD SHEPHERD 7 7 7 7 7 April 2022

| MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY   |
|---|--|---|--|--|
|   |  |   |  | Hot #1 Spaghetti with Marinara Sauce, Caesar Salad Hot #2 Broiled Hamburgers with Lettuce, Tomato, Tator Tots, Ice Cream Cold #1 Asian Chicken Salad Wrap Cold #2 Cobb Salad                                       |
| Hot #1 Beef Hot Dogs Hot #2 Chicken and Beef Sausage Jambalaya- Green beans, Tossed Salad, Baguette, Nilla Wafers Cold #1 Lamb Gyro Cold #2 California Tossed Green Salad                       | Hot #1 Chicken, Bowtie Pasta with Basil Cream Sauce Hot #2 Fish Sticks Corn, Tossed Salad, Baguette Fresh Fruit Cold #1 Chicken Cobb Salad Cold #2 Turkey or Ham Sandwich        | Hot #1 Taco Rice Bowl Hot #2 Roasted Turkey with Gravy, Mashed Potatoes, Celery & Carrot Sticks w/ Ranch, Baguette, Chocolate Cake Cold #1 Tuna on Croissant Cold #2 Tossed BLT Salad                 | 7 Hot #1 Fusilli with Meatballs Hot #2 Sticky Thai Meatballs Broccoli, Rice, Baguette, Applesauce Cold #1 Grilled Chicken Fajita Salad Cold #2 Turkey or Ham Sandwich                                      | Hot #1 Turkey Tetrazzini Hot #2 Three-Cheese Pepperoni Pizza Peas & Carrots, Caesar Salad, Peach Cobbler Cold #1 Chicken Salad Sandwich on Croissant Cold #2 Chicken Caesar Salad                                  |
| Hot #1 Chili Macaroni Hot #2 Lemon Rosemary Seared Chicken- Rice, Green Beans & Diced Carrots, Baguette, Graham Crackers Cold #1 Asian Chicken Salad Wrap Cold #2 California Tossed Green Salad | Hot #1 Shells and Cheese, Hot #2 Meatloaf- Cauliflower Gratin, Spinach Salad, Baguette Yogurt Cold #1 Cajun Salad with Grilled Chicken Cold #2 Turkey or Ham Sandwich            | Hot #1 Pancakes, Roasted Potatoes and Sausage Hot #2 Asian Mandarin Chicken Rice, Tossed Salad w/ Parmesan Ranch, Baguette, Fresh Fruit Cold #1 Turkey & Bacon Club Cold #2 Tossed Southwestern Salad | Hot #1 Loaded Baked Potato Hot #2 Gemelli Pasta with Bolognese Sauce, Corn, Broccoli, Baguette, Nilla Wafers Cold #1 Chicken Caesar Salad Cold #2 Turkey or Ham Sandwich                                   | Easter Break   |
| Easter Break  | Hot #1 Taco Rice Bowl Hot #2 Chicken Scallopini Rice, Tossed Salad, Baguette Fresh Fruit Cold #1 Chicken Cobb Salad Cold #2 Turkey or Ham Sandwich                               | Hot #1 Beef Hot Dogs, Hot #2 Three-Cheese Pizza Carrot and Celery Sticks with Ranch, Tossed Salad, Graham Crackers Cold #1 Tuna on Croissant Cold #2 Tossed BLT Salad                                 | Hot #1 Spaghetti with Meat Sauce Hot #2 Chicken Volterra Peas and Carrots, Tossed Salad w/ Italian Dressing, Baguette, Nilla Wafers Cold #1 Grilled Chicken Fajita Salad Cold #2 Turkey or Ham Sandwich    | Hot #1 Fish Sticks, Tossed Green Salad Hot #2 Beef Tacos (soft tacos for little's) with Lettuce, Tomato, Spanish Rice, Beans, Apple Crisp Cold #1 Chicken Salad Sandwich on Croissant Cold #2 Chicken Caesar salad |
| Hot #1 Shells and Cheese, Hot #2 BBQ Chicken Broccoli Rice Casserole, Tossed Green Salad, Baguette, Yogurt Cold #1 Lamb Gyro Cold #2 California Tossed Green Salad                              | Hot #1 Corn Dogs Hot #2 Grilled Cheese with Tomato Basil Soup, Tossed Salad, Corn, Baguette, Fresh Fruit Cold #1 Cajun Salad with Grilled Chicken Cold #2 Turkey or Ham Sandwich | 27 Hot #1 Chicken and Waffles Hot #2 Chicken Provencal Roasted Potatoes, Green Beans, Baguette, Apple Sauce Cold #1 Turkey & Bacon Club Cold #2 Tossed Southwestern Salad                             | 28 Hot #1 Green Chili Chicken Enchiladas Hot #2 Beef Quesadillas Tossed Salad with Cilantro Dressing, Rice, Pound Cake with Fresh Strawberries Cold #1 Chicken Caesar Salad Cold #2 Turkey or Ham Sandwich | 29 Hot #1 Spaghetti with Marinara Sauce, Caesar Salad Hot #2 Broiled Hamburgers with Lettuce, Tomato, Tator Tots, Ice Cream Cold #1 Asian Chicken Salad Wrap Cold #2 Cobb Salad                                    |

# GOOD SHEPHERD 7 7 7 7 7 May 2022

| MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY   |
|---|--|---|---|--|
| Hot #1 Beef Hot Dogs Hot #2 Chicken and Beef Sausage Jambalaya-Green beans, Tossed Salad, Baguette, Nilla Wafers Cold #1 Lamb Gyro Cold #2 California Tossed Green Salad                        | Hot #1 Chicken, Bowtie Pasta with Basil Cream Sauce Hot #2 Fish Sticks Corn, Tossed Salad, Baguette Fresh Fruit Cold #1 Chicken Cobb Salad Cold #2 Turkey or Ham Sandwich        | Hot #1 Taco Rice Bowl Hot #2 Roasted Turkey with Gravy, Mashed Potatoes, Celery & Carrot Sticks w/ Ranch, Baguette, Chocolate Cake Cold #1 Tuna on Croissant Cold #2 Tossed BLT Salad                 | Hot #1 Fusilli with Meatballs Hot #2 Sticky Thai Meatballs Broccoli, Rice, Baguette, Applesauce Cold #1 Grilled Chicken Fajita Salad Cold #2 Turkey or Ham Sandwich   | Hot #1 Turkey Tetrazzini Hot #2 Three-Cheese Pepperoni Pizza- Peas & Carrots, Caesar Salad, Peach Cobbler Cold #1 Chicken Salad Sandwich on Croissant Cold #2 Chicken Caesar Salad                                 |
| Hot #1 Chili Macaroni Hot #2 Lemon Rosemary Seared Chicken- Rice, Green Beans & Diced Carrots, Baguette, Graham Crackers Cold #1 Asian Chicken Salad Wrap Cold #2 California Tossed Green Salad | Hot #1 Shells and Cheese, Hot #2 Meatloaf- Cauliflower Gratin, Spinach Salad, Baguette Yogurt Cold #1 Cajun Salad with Grilled Chicken Cold #2 Turkey or Ham Sandwich            | Hot #1 Pancakes, Roasted Potatoes and Sausage Hot #2 Asian Mandarin Chicken Rice, Tossed Salad w/ Parmesan Ranch, Baguette, Fresh Fruit Cold #1 Turkey & Bacon Club Cold #2 Tossed Southwestern Salad | Hot #1 Loaded Baked Potato Hot #2 Gemelli Pasta with Bolognese Sauce, Corn, Broccoli, Baguette, Nilla Wafers Cold #1 Chicken Caesar Salad Cold #2 Turkey or Ham Sandwich  | Hot #1 Beef Nachos Hot #2 Cajun Chicken Wide Noodle Pasta- Tossed Green Salad, Baguette, Ice Cream Cold #1 Italian Wrap Cold #2 Cobb Salad   |
| Hot #1 Fusilli with Meatballs Hot #2 Chicken Quesadilla Corn, Southwestern Slaw with Ranch, Baguette, Apple Sauce Cold #1 Lamb Gyro Cold #2 California Tossed Green Salad                       | Hot #1 Taco Rice Bowl Hot #2 Chicken Scallopini Rice, Tossed Salad, Baguette Fresh Fruit Cold #1 Chicken Cobb Salad Cold #2 Turkey or Ham Sandwich                               | Hot #1 Beef Hot Dogs, Hot #2 Three-Cheese Pizza Carrot and Celery Sticks with Ranch, Tossed Salad, Graham Crackers Cold #1 Tuna on Croissant Cold #2 Tossed BLT Salad                                 | Hot #1 Spaghetti with Meat Sauce Hot #2 Chicken Volterra Peas and Carrots, Tossed Salad w/ Italian Dressing, Baguette, Nilla Wafers Cold #1 Grilled Chicken Fajita Salad Cold #2 Turkey or Ham Sandwich               | Hot #1 Fish Sticks, Tossed Green Salad Hot #2 Beef Tacos (soft tacos for little's) with Lettuce, Tomato, Spanish Rice, Beans, Apple Crisp Cold #1 Chicken Salad Sandwich on Croissant Cold #2 Chicken Caesar salad |
| Hot #1 Shells and Cheese, Hot #2 BBQ Chicken Broccoli Rice Casserole, Tossed Green Salad, Baguette, Yogurt Cold #1 Lamb Gyro Cold #2 California Tossed Green Salad                              | Hot #1 Corn Dogs Hot #2 Grilled Cheese with Tomato Basil Soup, Tossed Salad, Corn, Baguette, Fresh Fruit Cold #1 Cajun Salad with Grilled Chicken Cold #2 Turkey or Ham Sandwich | Hot #1 Chicken and Waffles Hot #2 Chicken Provencal Roasted Potatoes, Green Beans, Baguette, Apple Sauce Cold #1 Turkey & Bacon Club Cold #2 Tossed Southwestern Salad                                | Graduation 26 Hot #1 Green Chili Chicken Enchiladas Hot #2 Beef Quesadillas Tossed Salad with Cilantro Dressing, Rice, Pound Cake with Fresh Strawberries Cold #1 Chicken Caesar Salad Cold #2 Turkey or Ham Sandwich | Last Day POD-7th grade 27 Hot #1 Spaghetti with Marinara Sauce, Caesar Salad Hot #2 Broiled Hamburgers with Lettuce, Tomato, Tator Tots, Ice Cream Cold #1 Asian Chicken Salad Wrap Cold #2 Cobb Salad             |
| 30<br>Memorial Day- School Closed   | 31   |   |   |  |